



Market Report  
Amenities  
Local Farmers Market  
Local Products List  
Fruits/Vegetables in season

May 10<sup>th</sup> 2019



### **Asparagus**

Supplies have moved to Peru and volume is steady, quality is good  
LOCAL DELTA QUEEN VICTORIA ASPARAGUS IS IN STOCK IN LARGE SIZING – SKU #01371  
Jumbo Holland/Dutch White Asparagus (11# case) available with a pre order

### **Avocado**

**EXTREME - SIZING AND QUALITY IS DOWN, PRICING IS WAY UP AND WILL STAY THAT WAY THROUGH CINCO DE MAYO**

### **Bananas**

Demand on this item remains firm and supplies are expected to remain good through the rest of the year.

### **Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are tight with cold weather and rain, prices will fluctuate

**Cauliflower**-Supplies are tight with cold weather and rain, prices will fluctuate

**Broccoli** – Market is gapping and inventory is being prorated massively. Please consider broccoli, gailan, or rapini

**Brussels Sprouts**- Supplies are short and prices are through the roof

**Green Onions** – Market has stabilized

### **Berries**

**Strawberries** - Market is steady

**Raspberry** – Steady supply

**Blackberries** – The quality is good.

**Blueberries** - Volume is steady.

**Mulberries**- Farmers Market

**Pink Lemonade Blueberries** – Farmers Market, very limited

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Habanero**

**All peppers are short on supply**

**Red Fresno price is way up**

### **Celery**

Supply is tight and price has jumped substantially

### **Corn**

**Yellow Corn** – Supply has leveled off

**White Corn**- Supply has leveled off

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### **Citrus**

**Limes** – The market very active and prices are up in some areas

**Lemon** – The market is steady

**Oranges** – The market is steady

**Winter Citrus Local** – Still available but season has ended mostly

### **Eggs**

Product is at normal supply

### **Eggplant**

Supply is currently steady

### **Grapes**

We are seeing good volume in supply and price remains stable.

### **Lettuce**

**Romaines-** Supply is steady, with hearts down in quality due to weather

**Green and Red Leaf** – Supplies are fairly steady

**Iceberg lettuce** - Market has slowly returned to normal, but supplies are still down

**Butter lettuce** – Supply, demand, and quality are good

### **Mushrooms**

**Mushroom growers are still recovering from the severe damage and supply will be affected for several months . We are starting to see some improvements of supply and will keep you informed of any changes.**



## Melons

**Cantaloupe** - Production is down, quality is down

**Honeydew** - Production is same as Cantaloupe.

## Pineapple

Steady volume

## Potatoes

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Washington supplies are good and prices remain stable.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## Squash

Crops in good supply and quality is good

## Stone Fruit

Product still coming from Chile as we approach our local season

**Peaches** – Murray Farms and Scott's Farms have small very early peaches in small quantity and Summer Harvest begins at Saturday Market

**Cherries** – Murray's Farms and Scotts Farms have begun their seasons. Price is slowly coming down

## Tomatoes

**Round- EXTREME-** supply has loosened up, but quality and color is fair

**Romas-** Prices are down, with new crop beginning

**Grapes-** Product is gapping and will improve over next two weeks

**Cherry-** supply is good, quality is fair

**Heirloom-** supply is good, quality is fair, lots of unripe fruit, no local product

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Jazz, Jonagold, Pink Lady, Fuji, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

### Grapes

Red Seedless, Black Seedless, Green Seedless

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

### Medjool Dates

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

### Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

### Stone Fruits

Peaches, Apricots, Cherries





The following items will be available for delivery on May 16<sup>th</sup> 2019  
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

- Local & Sustainable
- Purple Snow Peas
- Celtuce
- Gem Lettuce
- Mustard Greens
- Black Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Spinach
- New Zealand Spinach
- Baby Broccoli
- Arugula Blossoms
- Radish Blossoms
- Calendulas
- Mulberries

**Gloria Tamai Farms**

- Local & Sustainable
- Beets
- Strawberries
- Cauliflower
- Green Kale
- Black Tuscan Kale
- Cherry Heirloom Tom
- Red Beef Steak Tomato
- Bloodsdales

**Garcia Organics**

- Local, Organic & Sustainable
- Tangerines
- Avocado
- Meyers Lemons

**Mandriquats**

- Oro Blanco
- Pink Grapefruit

**Harry's Berries**

- Local, Sustainable, Organic
- Gaviota Strawberries
- Mares dus Bois

**Her Farms**

- Local & Sustainable
- Bok Choy
- Yu Choy
- Leeks
- Sweet potato
- Green Onions
- Chinese Broccoli
- Green Garlic
- Summer Squash

**Coastal Organics**

- Local/Organic/Sustainable
- Beets
- Carrots
- Fava Beans

**Maggie's Farms**

- Local/Organic/Sustainable
- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Treviso
- Radicchio
- Charger Mix

**McGrath Farms**

- Local/Organic/Sustainable
- Baby Beets
- Red Frill Mustard
- Rapini blossoms
- Corn Blossoms
- Oyster Mushrooms
- Strawberries
- Green Strawberries
- Arugula Blossoms
- Fava Beans
- English Peas
- Breakfast Radishes
- Baby Carrots
- Arugula Blossoms

**Murray Farms**

- Local & Sustainable
- Heart of Palm-order early
- Pink Oyster Mushroom
- Fairytales Mushroom
- Cherries -Early Glen
- Peaches
- Strawberries
- White Mulberries
- Purple Mulberries
- Blueberries

**Polito Farms**

- Local & Sustainable
- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

- Local & Sustainable
- Blueberries

**Blackberries**

- Raspberries
- Pink Lemonade Blues-very limited
- Mulberries - soon
- Fraise du bois - very limited

**Tutti Frutti Farms**

- Local/Organic/Sustainable
- Baby Artichokes
- Onions, Torpedo
- Carrots
- Cauliflower
- Fennel
- Sugar Snap Peas
- English Peas
- Fava Beans
- Bloodsdales Spinach

**Two Peas in a Pod**

- Dried Cranberry Beans
- Dried Scarlett Runners
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Brussel Sprouts
- Blueberries
- Olaliberries - SOON

**Valdivia Farms**

- Local & Sustainable
- Zucchini Blossoms
- English Peas
- Fava Beans
- Radishes

**Weiser Family Farms**

- Local & Sustainable
- Alaskan Myrna Potatoes
- Fingerlings
- Sunchokes
- Parsnips

**Summer Harvest organic**

- Snow Angel White Peach
- Tasty Apriums

**Flora Bella**

- Local
- Micro green trays
- Summer squash
- Rapini
- Smoking Woods

**Thao Farm**

- Local (Saturday only)
- Garlic Scapes
- Sprouting Cauli
- Swiss Chard
- Yams
- Satsuma Yams
- Bok choy
- Yu choy
- Green Garlic
- Fava Beans
- English Peas
- Sugar Snap Peas

**JJ Lone Ranch**

- Local
- Avocado

**Grapefruit**

- Blood Orange
- Pink Lemons

**Suncoast Farms**

- Local
- Baby Artichokes
- Long Stem Artichokes
- Asparagus -pencil/std
- Broccoli
- Cauliflower

**The Garden Of**

- Local
- Mon 12pm cutoff
- Red/Green Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Radicchio
- Treviso
- Fennel
- Carrots
- Mixed baby kales

**Scott's Farm**

- Local
- Cherries
- Yellow Peach
- White Peach
- Nectarines

**Girl N Dug Farms**  
 Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

**Farmers Market White Peaches (10# flat, Snow Angel) – SKU 62250**

**Farmers Market Apricots (10# flat, Tasty Apriums) – SKU 60411**

**Farmers Market Cherry (Red, Sequoia, 10# case) – SKU 62080**

**Farmers Market Cherry (Rainier, 10# case) – SKU 62374**

**Asparagus (Large, 11# case) Ippolito Farms – SKU 01371**

**Polito Farms Oranges (40# Case) – SKU 01048**

**Mike and Sons Eggs (15dz) – SKU 04233**

**Babes Farm Tri-color baby carrots (24bu) – SKU 03137**

**Babes Farm Baby Gem Lettuce (24ct) – SKU 03089**

**Babes Farm French Breakfast Radish (24ct) - SKU 03239**

**California Olive Ranch Extra Virgin Olive Oil (5gal) SKU 16116**

**-Be aware that this will change to their Pacific Coast Blend EVOO within the next month. They have had to discontinue their CA EVOO lines until next year due to small harvest**

**California Espelette Pepper (1.2oz jar) SKU 00221**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

We have recently begun working with Girl N Dug Farms out of San Marcos. They do not do any farmers markets and are working directly with us and our warehouse. Please speak to your rep about product availability.

Spring is here, peas, favas, snow peas, cherries, and mulberries are at the market Peaches have shown their face a bit, but small, watery, and sour

Green Almonds, Fiddlehead Ferns, Ramps, Morels, and Blue Foot mushrooms are now available through our warehouse, but please speak to your rep before ordering

to set up a farm tour, please contact your local sales representative or call us for more information

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# Market Flash:

## Vegetables in season

- Chicory/Endive
- Broccoli
- Baby Broccoli
- Brussel Sprouts
- Beets
- Carrots
- Cauliflower
- Celery Root
- English Peas
- Fava Beans
- Fennel
- Green Onions
- Mustard Greens
- Kale
- Parsnips
- Lettuces
- Spinaches
- Sugar Snap Peas
- Snow Peas
- Sweet Potato/Yams
- Swiss Chard
- Radishes
- Turnips

## Fruits in season

- Avocado
- Blueberries
- Blackberries
- Blood Oranges
- Cherimoya
- Cherries
- Cactus Pears
- Dragon Fruit
- Grapefruit
- Kiwi
- Kumquats
- Mandarins
- Mulberries
- Oranges
- Passion fruit
- Peaches
- Pineapple
- Pink Lemonade Blueberry
- Raspberries
- Tangerine



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