



*Nature's Produce*

**Market Report  
Amenities  
Local Farmers Market  
Local Products List  
Fruits/Vegetables in season**

**August 2<sup>nd</sup> 2019**



### **Asparagus**

Supplies have moved to Peru and volume is steady, quality is good

### **Avocado**

**SIZING AND QUALITY IS DOWN, PRICING IS UP AND SUPPLY IS TIGHT. WILL CONTINUE THROUGH SEPTEMBER**

### **Bananas**

Steady supply with good quality

### **Broccoli, Cauliflower, Broccoli, Brussels Sprouts, and Green Onions**

**Broccoli** – Supplies are steady

**Cauliflower**-Supplies are light

**Broccoli** – Market is steady

**Brussels Sprouts**- supply is steady

**Green Onions** – Market has stabilized

### **Berries**

**Strawberries** – some quality issues

**Raspberry** - supply and quality has improved

**Blackberries** – Heat is affecting supply and quality

**Blueberries** – Weather affecting supply

### **Bell Peppers and Peppers**

**Green Bell**

**Red Bell**

**Yellow Bell Pepper**

**Anaheim's, Habanero**

**All peppers are still a bit light in supply but better than in recent months**

### **Celery**

Supply is good

### **Corn**

**Yellow Corn** – Now carrying local Brentwood corn

**White Corn**- in good supply



### **Citrus**

**Limes** – Smaller fruit is plentiful

**Lemon** – Supply is steady

**Oranges** – The market is steady

### **Eggs**

Product is at normal supply

### **Eggplant**

Supply is currently steady

### **Grapes**

We are seeing some issues with slow transitions.

### **Lettuce**

**Romaines-** Supply is steady, with poor quality showing

**Green and Red Leaf** – Supplies are being affected by recent heat

**Iceberg lettuce** - Supplies are down

**Butter lettuce** – Supply is down with weather. Quality is down as well

### **Mushrooms**

**Mushroom have stabilized**



## **Melons**

**Cantaloupe** - Production is steady

**Honeydew** - Production is steady.

**Local melons** – Many varieties available through farmers market

## **Pineapple**

Supply is tight and sizing is down

## **Potatoes**

**Idaho** - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

**Yukon bakers** - Availability is limited and pricing remaining higher than normal

**Russet** - Quality is getting better while pricing is coming down - two months

**Kennebec** - Very short right now and the quality is fair at best.

## **Squash**

Crops in good supply and quality is good with local summer squashes available at the market

## **Stone Fruit**

Local product in house and we are increasing our volume of Farmers Market peaches.

**Peaches** – Farmers market fruit is here, Murray, Scott, Summer Harvest, Burkhart, and Regier Farms, Tenerreli Orchards

**Cherries** – Available

**Apricots, Nectarines, Plums** - Available

## **Tomatoes**

**Round-** supply and quality are good

**Romas-** Prices are down, with new crop beginning

**Grapes-** supply has tightened up

**Cherry-** supply is good, quality is fair

**Heirloom-** supply is good, quality is good, local crops are all over the farmers market

## AMENITY FRUIT

### Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp

### Bananas

Petite Bananas & Lady Finger Bananas

### Berries

Blueberries, Blackberries, Raspberries, Strawberries,  
Gooseberries, Gold Raspberries, Mulberries

### Grapes

Red Seedless, Black Seedless, Green Seedless,  
Champagne, Farmers Market

**Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan**

**Medjool Dates**

### Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

### Citrus

Tangerines, Blood Orange, Cara Cara Orange,  
Kumquats, Mandarins

### Stone Fruits

Peaches, Apricots, Nectarines, Plums, Cherries





The following items will be available for delivery on August 8<sup>th</sup> 2019  
 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

**Coleman Farms:**

Local & Sustainable

- Celtuce
- Gem Lettuce
- Basils
- Black Mint
- Breakfast Radish
- Borage Blossoms
- Mixed Variety Herbs
- Red Speckled Romaine
- Red Frill Mustard
- Spigarello
- New Zealand Spinach
- Calendulas
- Romanesco Squash
- Shiso
- Perilla/Sesame leaf

**Gloria Tamai Farms**

Local & Sustainable

- Beets
- Strawberries
- Cauliflower
- Green Kale
- Black Tuscan Kale
- Cherry Heirloom Tom
- Red Beef Steak Tomato
- Summer Squashes
- Fennel
- Romano Beans

**Garcia Organics**

Local, Organic & Sustainable

- Tangerines
- Avocado
- Meyers Lemons

**Mandriquats**

- Oranges
- Figs

**Harry's Berries**

Local, Sustainable, Organic

- Seascape Strawberries
- Mares dus Bois
- Cherry Tomatoes
- Baby Zucchini

**Her Farms**

Local & Sustainable

- Bell Peppers
- Bok Choy
- Yu Choy
- Leeks
- Green onions
- Summer Squash
- Eggplant
- Tomatoes

**Regier Farms**

Local/Sustainable

- Yellow Peach

**Maggie's Farms**

Local/Organic/Sustainable

- Baby Spinach
- Black Kale
- Baby Green Kale
- Stellar Mix
- Mesculin Mix
- Charger Mix
- Tomatoes
- Nasturtium Flowers

**McGrath Farms**

**Local/Organic/Sustainable**

- Baby Beets
- Red Frill Mustard
- Corn Blossoms
- Oyster Mushrooms
- Strawberries
- Breakfast Radishes
- Baby Carrots
- Squash
- Haricot Verts
- Baby Corn

**Murray Farms**

Local & Sustainable

- Grapes
- Heart of Palm-order early
- Pink Oyster Mushroom
- Figs
- Peaches
- Blueberries
- Kiowa Blackberry
- Plums
- Mulberries
- Melons
- Elderflwes and Berries

**Polito Farms**

Local & Sustainable

- Avocados
- Satsuma Tangerines
- Valencia Juicing Oranges

**Pudwill Farms**

Local & Sustainable

- Blueberries
- Blackberries
- Raspberries

**Mulberries**

- Figs

**Tutti Frutti Farms**

Local/Organic/Sustainable

- Carrots
- Squash
- Cherry Tomato
- Heirloom Tomato
- Winter Squashes
- Cherry tomatoes
- Watermelon

**Two Peas in a Pod**

- Fresh Cranberry Beans
- Fresh Scarlett Runners
- Dried Christmas Limas
- Dried Cannellini Beans
- Dried Flagolet Beans
- Blueberries
- Strawberries
- Raspberries
- Pink & Gold Raspberries
- Blackberries
- Dragon Tongue Beans
- Rattlesnake Beans
- Fresh coco beans

**Valdivia Farms**

Local & Sustainable

- Zucchini Blossoms
- Heirloom Tomatoes
- Haricot Vert
- Turnips
- Radishes

**Weiser Family Farms**

Local & Sustainable

**Fingerlings**

- Summer Squash
- Eggplant
- Peppers
- Melons

**Tenerelli Orchards**

- White Peach
- Yellow Peach
- Yellow Nectarine
- White Nectarine
- Plums

**Flora Bella**

Local

- Summer squash
- Shishito Peppers
- Padron Peppers
- Maganji Peppers
- Cherry tomatoes
- Jimmy Nardellos

**Thao Farm**

Local (Saturday only)

- Satsuma Yams
- Bok choy
- Yu choy
- Squashes
- Eggplant
- Basils
- Cucumbers
- Peppers

**JJ Lone Ranch**

Local

- Avocado
- Grapefruit

**Blood Orange**

**Suncoast Farms**

Local

- Baby Artichokes
- Long Stem Artichokes

**The Garden Of**

Mon 12pm cutoff

- Gems
- Salanova Mixes
- Speckled Romaine
- Sweet Crisp
- Radishes
- Potatoes
- Carrots
- Beets

**Scott's Farm**

Local

- Yellow Peach
- White Peach
- Nectarines
- Plums
- Grapes

**Munak Farms**

Local

- Cherry Tomatoes
- Sungold Cherry Tom
- Zebra tom
- Celebrity Tom
- Persimmon tom
- Lemon Cucumber
- Melons

**Girl N Dug Farms**

Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce



from farm to kitchen...about a few of our local farms

**IN HOUSE LOCAL PRODUCTS!!!**

Farmers Market Items are Subject to availability, contact your Rep first please

**Farmers Market Yellow Peaches(Flat) – SKU 62230**

**Farmers Market Yellow Nectarine (Flat) – SKU 01026**

**Farmers Market Plums (Flat) – SKU 62270**

**Farmers Market Cherry Heirloom Tomato (Flat) – SKU 26743**

**Farmers Market Heirloom Tomato (10# mix) – SKU 62740**

**Polito Farms Oranges (40# Case) – SKU 01048**

**Mike and Sons Eggs (15dz) – SKU 04233**

**Babes Farm Tri-color baby carrots (24bu) – SKU 03137**

**Babes Farm French Breakfast Radish (24ct) - SKU 03239**

**Girl N Dug Farms – Sweet Jade Chery Tomato (2#) – SKU 80122**

**Girl N Dug Farms – Tangerine Gem Flowers (100ct) – SKU 80029**

**Girl N Dug Farms – Lemonstar Gem Flowers (100ct) – SKU 80031**

**Girl N Dug Farms – Citrus Fern (3oz) – SKU 80115**

**Girl N Dug Farms – Yarrow Leaf – SKU 80177**

**Girl N Dug Farms – Butterfly Wood Sorrel (3.5oz) – SKU 80120**

**Girl N Dug Farms – Pinot Sorrel (2oz) – SKU 80012**

**Girl N Dug Farms – Carrot Blossoms – SKU 80114**

**Girl N Dug Farms – Kinder Breakfast Radish (50ct) – SKU 80118**

**California Olive Ranch EVOO (5gal) SKU 16116**

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

**Thank you for your continued business, The Polisky Family & Nature's Produce**



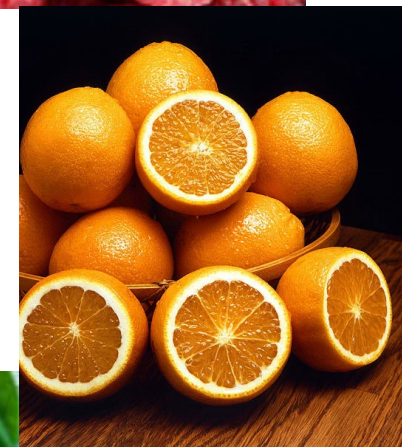
# Market Flash:

## Vegetables in season

- Broccoli
- Beets
- Carrots
- Cauliflower
- Dragon Tongue Beans
- Eggplant
- Fennel
- Green Onions
- Haricot Verts
- Kale
- Okra
- Parsnips
- Peppers
- Lettuces
- Summer Squashes
- Swiss Chard
- Radishes
- Romano Beans
- Tomato, Heirlooms
- Turnips
- Yellow Wax Beans

## Fruits in season

- Apples
- Apricots
- Avocado
- Blueberries
- Blackberries
- Cantaloupe
- Charentais Melon
- Dragon Fruit
- Figs
- Honeydew
- Kiwi
- Mulberries
- Nectarines
- Passion fruit
- Peaches
- Plums
- Pineapple
- Raspberries
- Strawberries
- Watermelon



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