

Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

August 23<sup>rd</sup> 2019



## **Asparagus**

Supplies have tightened up in Peru due to cold weather. Expect sizing issues

#### Avocado

SIZING AND QUALITY IS DOWN, PRICING IS UP AND SUPPLY IS TIGHT. WILL CONTINUE THROUGH SEPTEMBER

#### Bananas

Steady supply with good quality

## Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions

**Broccoli** – Supplies are steady Cauliflower-Supplies are light **Broccolini** – Market is steady

Brussels Sprouts- supply is light due to small harvest

Green Onions - Market has stabilized

#### **Berries**

Strawberries – quality and supply is back and forth with labor day approaching
Raspberry - supply and quality has improved
Blackberries – Heat is affecting supply and quality
Blueberries – Supply is improving

## **Bell Peppers and Peppers**

Green Bell
Red Bell
Yellow Bell Pepper
Anaheim's, Habanero
All peppers are still a bit light in supply but better than in recent months

## Celery

Supply is good

### Corn

Yellow Corn – Now carrying local corn White Corn- in good supply Corn has now shown up at the Farmers Market



Limes – Sizing and quality is down, limes are under an extreme flag Lemon – Supply remains tight and prices are up on smaller sizings Oranges – Navels have slown down, season will end sooner than expected, Valencias available

## Eggs

Product is at normal supply

## **Eggplant**

Supply is currently steady Farmers market eggplant is available for preorders

## Grapes

Volumes are good as we are now in full grape season. Farmers market grapes in many new varieties are now available for preorder.

### Lettuce

Romaines- Supply is trending lower than usual, with fair quality Green and Red Leaf – Supplies are being affected by recent heat **Iceberg lettuce** - Supplies are down **Butter lettuce** – Good volume

> Mushrooms Mushroom have stabilized



#### Melons

Cantaloupe - Production is steady
Honeydew - Production is steady.
Weiser Farms Mixed Melons (20#cs) - Available in house

## **Pineapple**

Supply is tight and sizing is down

## **Potatoes**

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.

Yukon bakers - Availability is limited and pricing remaining higher than normal

Russet - Quality is getting better while pricing is coming down - two months

Kennebec - Very short right now and the quality is fair at best.

## Squash

Crops in good supply and quality is good with local summer squashes available at the market

## **Stone Fruit**

Local farmers market product is in house

Peaches – Good Supply

Cherries – Available

Apricots, Nectarines, Plums - Available

## **Tomatoes**

Round- supply and quality are good
Romas- Prices are down, with new crop beginning
Grapes- supply has tightened up
Cherry- supply is good, quality is fair
Heirloom- supply is good, quality is good, local crops are all over the farmers market



## **AMENITY FRUIT**

## **Apples**

Baby: Gala, Granny, Fuji & Red Delicious Large: Braeburn, Pink Lady, Fuji, Honeycrisp

**Bananas** 

Petite Bananas & Lady Finger Bananas

## **Berries**

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries, Gold Raspberries, Mulberries

## **Grapes**

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

## **Pears**

Asian, Bosc, Carmen, D'anjou, Bartlett, Red

## Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

## **Stone Fruits**

Peaches, Apricots, Nectarines, Plums





# Nature's Produce

The following items will be available for delivery on August  $29^{\rm th}$  2019 *All orders must be placed with your sales representative by 12 noon Tuesday.* 

WEEKLY FARMERS MARKET

Farmers Market items ordered from in house are subject to availability



Local & Sustainable Celtuce Gem Lettuce **Basils** Black Mint Breakfast Radish **Borage Blossoms** Mixed Variety Herbs Red Speckled Romaine Red Frill Mustard Spigarello New Zealand Spinach Calendulas Romanesco Squash Shiso Perilla/Sesame leaf Mouse Melons **Tomatillos** 

#### Gloria Tamai Farms

Local & Sustainable
Beets
Strawberries
Cauliflower
Black Tuscan Kale
Cherry Heirloom Tom
Red Beef Steak Tomato
Summer Squashes
Romano Beans
Yellow Corn

#### **Garcia Organics**

Local, Organic & Sustainable Tangerines Avocado Meyers Lemons Oranges

#### Harry's Berries

Local, Sustainable, Organic Seascape Strawberries Mares dus Bois Cherry Tomatoes Baby Zucchini

#### Her Farms

Local & Sustainable
Bell Peppers
Bok Choy
Yu Choy
Leeks
Green onions
Summer Squash
Eggplant
Tomatoes

#### Regier Farms

Local/Sustainable Yellow Peach White Peach

#### Maggie's Farms

Local/Organic/Sustainable
Baby Spinach
Black Kale
Baby Green Kale
Stellar Mix
Mesculin Mix
Charger Mix
Tomatoes
Nasturtium Flowers

#### McGrath Farms

Local/Organic/Sustainable
Baby Beets
Red Frill Mustard
Corn Blossoms
Oyster Mushrooms
Strawberries
Breakfast Radishes
Baby Carrots
Squash
Haricot Verts
Baby Corn
Corn

#### Murray Farms

Local & Sustainable
Grapes
Heart of Palm-order
early
Pink Oyster Mushroom
Figs

Figs
Peaches
Blueberries
Plums
Melons
Elderflowers and Berries

#### Polito Farms

Local & Sustainable Avocados Satsuma Tangerines Valencia Juicing Oranges

#### Pudwill Farms

Local & Sustainable Blueberries Blackberries Raspberries

#### Figs

Tutti Frutti Farms
Local/Organic/Sustainable
Carrots
Squash
Cherry Tomato
Heirloom Tomato
Winter Squashes
Cherry tomatoes
Watermelon

#### Two Peas in a Pod

Fresh Cranberry Beans
Fresh Scarlett Runners
Fresh Christmas Limas
Fresh Cannellini Beans
Dried Flagolet Beans
Blueberries
Strawberries
Raspberries
Pink & Gold Raspberries
Blackberries
Dragon Tongue Beans
Rattlesnake Beans
Fresh coco beans

#### Valdivia Farms

Local & Sustainable Zucchini Blossoms Heirloom Tomatoes Haricot Vert Turnips Radishes

#### Weiser Family Farms

Local & Sustainable Fingerlings Summer Squash Eggplant Peppers Melons

#### Tenerelli Orchards

White Peach Yellow Peach Yellow Nectarine White Nectarine

#### Flora Bella

Local Summer squash Shishito Peppers Padron Peppers Maganji Peppers Cherry tomatoes Jimmy Nardellos Tuscan Melons

## Thao Farm Local (Saturday only)

Satsuma Yams
Bok choy
Yu choy
Squashes
Eggplant
Basils
Cucumbers
Peppers
Heirloom Tomato
Cherry Heirloom Tomato

#### JJ Lone Ranch

Local Avocado Grapefruit

#### Blood Orange Suncoast Farms

Local Baby Artichokes Long Stem Artichokes

#### The Garden Of

Mon 12pm cutoff Gems Salanova Mixes Speckled Romaine Sweet Crisp Radishes Carrots Beets Blush Tomatoes Kabocha Squash

#### Scott's Farm

Local Yellow Peach White Peach Nectarines Plums Grapes

#### Munak Farms

Local
Cherry Tomatoes
Sungold Cherry Tom
Zebra tom
Celebrity Tom
Persimmon tom
Lemon Cucumber
Melons
Girl N Dug Farms
Speak to your Rep













from farm to kitchen...about a few of our local farms

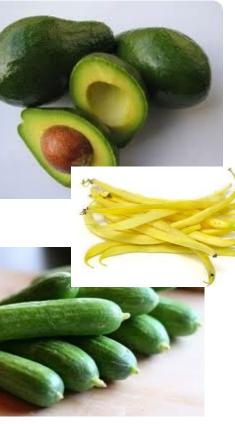
IN HOUSE LOCAL PRODUCTS!!! Subject to availability, contact your Rep first please	Girl N Dug Farms - Atomic/Acid Trip Tomato (2#) - SKU 80112
Farmers Market Yellow Peaches(Flat) - SKU 62230	Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029
Farmers Market Yellow Nectarine (Flat) - SKU 01026	Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031
Farmers Market Plums (Flat) - SKU 62270	Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115
Farmers Market Cherry Heirloom Tomato (Flat) - SKU 26743	Girl N Dug Farms - Yarrow Leaf - SKU 80177
Farmers Market Heirloom Tomato (10# mix) - SKU 62740	Girl N Dug Farms - Butterfly Wood Sorrel (3.5oz) - SKU 80120
Polito Farms Oranges (40# Case) - SKU 01048	Girl N Dug Farms - Pinot Sorrel (2oz) - SKU 80012
Mike and Sons Eggs (15dz) - SKU 04233	Girl N Dug Farms - Carrot Blossoms - SKU 80114
Babes Farm Tri-color baby carrots (24bu) - SKU 03137	Girl N Dug Farms - Kinder Breakfast Radish (50ct) - SKU 80118
Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111	California Olive Ranch EVOO (5gal) SKU 16116
Girl N Dug Farms - Sweet Jade Chery Tomato (2#) - SKU 80122	If you are ordering lettuces with us from The Garden Of on Wednesdays please remember

to set up a farm tour, please contact your local sales representative or call us for more information

the cut off is 12pm each Monday.

Thank you for your continued business, The Polisky Family & Nature's Produce







## Vegetables in season

Broccoli Beets Carrots Cauliflower Cucumbers Dragon Tongue Beans Eggplant Fennel Green Onions Haricot Verts Kale Okra Parsnips Peppers Lettuces Summer Squashes Swiss Chard Radishes Romano Beans Tomato, Heirlooms Turnips

Yellow Wax Beans

## Fruits in season

Apples Apricots Avocado Blueberries Blackberries Cantaloupe Charentais Melon Dragon Fruit Figs Honeydew Kiwi Nectarines Passion fruit Peaches Plums Pineapple Raspberries Strawberries Watermelon



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