Nature's Produce

Market Report
Amenities
Local Farmers Market
Local Products List
Fruits/Vegetables in season

October 4th 2019

p.

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Asparagus
Supplies have stabilized

Avocado
Large fruit is stable with tighter market on smaller sizing.

Bananas
Steady supply with good quality

Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions
Broccoli – Supplies are tight due to poor yields
Cauliflower-Supplies are light
Broccolini – Market is steady
Brussels Sprouts- supply has improved
Green Onions – Market has stabilized

Berries
Strawberries – quality and supply is back and forth with heat
Raspberry - supply and quality is down
Blackberries – Supply is steady
Blueberries – Supply is improving

Bell Peppers and Peppers
Green Bell
Red Bell
Yellow Bell Pepper
Anaheim's, Habanero
All peppers are steady

Celery
Supply is good

Corn
Yellow Corn – in good supply but quality is down
White Corn- in good supply but quality is down

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Citrus

Limes – Sizing and quality is down, limes are under an extreme flag
Lemon – Supply is steady and quality is good
Oranges – Navels have slowed down, season will end sooner than expected, Valencias available

Eggs

Product is at normal supply

Eggplant

Supply is currently steady
Farmers market eggplant is available for preorders

Grapes

Volumes are good as we are now in full grape season.
Farmers market grapes in many new varieties are now available for preorder.

Lettuce

Romaines- Supply is trending lower than usual, with fair quality
Green and Red Leaf – Supplies are being affected by recent heat
Iceberg lettuce - Supplies are down
Butter lettuce – Good volume

Mushrooms

Mushroom have stabilized

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Melons

Cantaloupe - Production is steady
Honeydew - Production is steady.
Local melon season has wrapped up. We are no longer stocking the Weiser melons.

Pineapple

Supply is tight with sizing leaning on the large side, but quality is good

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather.
Yukon bakers - Availability is limited and pricing remaining higher than normal
Russet - Quality is getting better while pricing is coming down - two months
Kennebec - Very short right now and the quality is fair at best.

Squash

Crops in good supply and quality is good with local summer squashes still available

Stone Fruit

Local farmers market product is coming to a close
Peaches – Good Supply
Cherries – Not Available
Nectarines, Plums - Available

Tomatoes

Round- supply and quality are good
Romas- Prices are down, with new crop beginning
Grapes- supply has tightened up
Cherry- supply is good, quality is fair
Heirloom- supply is good, quality is good, local crops are slowing down at the market

AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious

Large: Braeburn, Pink Lady, Fuji, Honeycrisp,Farmers Market apples have begun showing up

Bananas

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan

Medjool Dates

Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Farmers market pears are showing up

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins

Stone Fruits

Peaches, Nectarines, Plums

Figs – season is coming to a close

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WEEKLY FARMERS MARKET

Nature's Produce

The following items will be available for delivery on October 10th, 2019

All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

Coleman Farms:
Local & Sustainable

Celtuce
Gem Lettuce
Basils
Black Mint
Breakfast Radish
Borage Blossoms
Mixed Variety Herbs
Red Speckled Romaine
Red Frill Mustard
New Zealand Spinach
Calendulas
Perilla/Sesame leaf
Mouse Melons
Peppers

Gloria Tamai Farms
Local & Sustainable

Beets
Strawberries
Cauliflower
Black Tuscan Kale
Cherry Heirloom Tom
Heirloom Tomato
Red Beef Steak Tomato
Summer Squashes
Green Beans
Yellow Corn

Garcia Organics
Local, Organic & Sustainable

Tangerines
Avocado
Meyers Lemons
Oranges
Figs

Harry's Berries
Local, Sustainable, Organic

Seascape Strawberries
Mares dus Bois
Cherry Tomatoes

Her Farms
Local & Sustainable

Bell Peppers
Bok Choy
Yu Choy
Leeks
Green onions
Long Beans
Sweet Potato
Eggplant
Tomatoes
Ginger
Jicama

Maggie's Farms
Local/Organic/Sustainable

Baby Spinach
Black Kale
Baby Green Kale
Stellar Mix
Mesculin Mix
Charger Mix
Tomatoes
Nasturtium Flowers

McGrath Farms
Local/Organic/Sustainable

Baby Beets
Red Frill Mustard
Corn Blossoms
Strawberries
Breakfast Radishes
Baby Carrots
Squash
Haricot Verts
Corn

Murray Farms
Local & Sustainable

Grapes
Heart of Palm-order early
Pink Oyster Mushroom
Peaches
Plums
Apples
Pears
Pomegranate

Polito Farms
Local & Sustainable

Avocados
Satsuma Tangerines
Valencia Juicing Oranges

Pudwill Farms
Local & Sustainable

Blueberries
Blackberries
Raspberries, Gold

Tutti Frutti Farms
Local/Organic/Sustainable

Carrots
Cherry Tomato
Heirloom Tomato
Winter Squashes
Bloomsdale spinach
Tomatillo

Two Peas in a Pod

Fresh Cranberry Beans
Fresh Scarlett Runners
Fresh Christmas Limas
Fresh Cannellini Beans
Dried Flagolet Beans
Blueberries
Strawberries
Raspberries
Pink & Gold Raspberries
Blackberries
Dragon Tongue Beans
Fresh coco beans

Valdivia Farms
Local & Sustainable

Zucchini Blossoms
Heirloom Tomatoes
Haricot Vert
Turnips
Radishes

Weiser Family Farms
Local & Sustainable

Fingerlings
Radishes

Tenerelli Orchards

White Peach
Yellow Peach
Yellow Nectarine

Flora Bella
Local

Blue Hubbard Squash
Shishito Peppers
Padron Peppers
Maganji Peppers
Cherry tomatoes
Jimmy Nardellos
Marina Di Chiogga
Kamo Eggplant
Living Green Trays
Yali Pears

Thao Farm
Local (Saturday only)

Satsuma Yams
Bok choy
Yu choy
Squashes
Eggplant
Basils
Cucumbers
Peppers
Peanuts
Sprouting Broccoli
Jicama
Sprouting Cauliflower -3 weeks away

Suncoast Farms
Local

Baby Artichokes
Long Stem Artichokes

The Garden Of
Mon 12pm cutoff

Gems
Salanova Mix
Speckled Romaine
Sweet Crisp
Radishes
Carrots
Beets
Blush Tomatoes
Kabocha Squash
Tokyo Turnips
Parsnip

Scott's Farm
Local

Pears
Plums
Grapes

Munak Farms
Local

Cherry Tomatoes
Sungold Cherry Tom
Zebra tom
Celebrity Tom
Persimmon tom
Lemon Cucumber

Penryn Orchards

Comice Pears
Barlett Pears
Yali Pears
European Grapes
Chocolate Persimmon

Girl N Dug Farms
Speak to your Rep

Thank you for your continued business, The Polisky Family & Nature's Produce

from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!!
Subject to availability, contact your Rep first please

Frog Hollow Farms Organic Warren Pears (Flat) – SKU 01027

Farmers Market Yellow Peaches(Flat) – SKU 62230

Farmers Market Yellow Nectarine (Flat) – SKU 01026

Farmers Market Plums (Flat) – SKU 62270

Farmers Market Cherry Heirloom Tomato (Flat) – SKU 26743

Farmers Market Heirloom Tomato (10# mix) – SKU 62740

Polito Farms Oranges (40# Case) – SKU 01048

Mike and Sons Eggs (15dz) – SKU 04233

Girl N Dug Farms – Savory Pearl Tomato (2#) – SKU 80111

Girl N Dug Farms – Sweet Jade Chery Tomato (2#) – SKU 80122

Girl N Dug Farms – Acid Trip Tomato (2#) – SKU 80112

Girl N Dug Farms – Tangerine Gem Flowers (100ct) – SKU 80029

Girl N Dug Farms – Lemonstar Gem Flowers (100ct) – SKU 80031

Girl N Dug Farms – Citrus Fern (3oz) – SKU 80115

Girl N Dug Farms – Yarrow Leaf – SKU 80177

Girl N Dug Farms – Butterfly Wood Sorrel (3.5oz) – SKU 80120

Girl N Dug Farms – Carrot Blossoms – SKU 80114

Girl N Dug Farms – Kinder Breakfast Radish (50ct) – SKU 80118

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce

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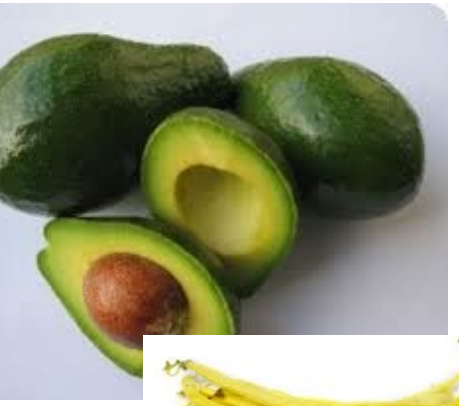
Market Flash:



Vegetables in season

Broccoli
Beets
Carrots
Cauliflower
Corn
Cucumbers
Dragon Tongue Beans
Eggplant
Fennel
Green Onions
Haricot Verts
Kale
Okra
Parsnips
Peppers
Lettuces
Shelling Beans
Spigarello
Late Summer Squash
Swiss Chard
Radishes
Romano Beans
Tomato, Heirlooms
Turnips
Yellow Wax Beans
Winter Squashes
Pumpkins

Fruits in season

Apples
Avocado
Blueberries
Blackberries
Cantaloupe
Charentais Melon
Dragon Fruit
Figs
Honeydew
Kiwi
Nectarines
Passion fruit
Peaches
Pears
Plums
Pomegranate
Quince
Raspberries
Strawberries
Watermelon

Fall has officially arrived at the Farmers market this week. We have pears, apples, winter hard squashes and pumpkins showing up. Persimmons will follow shortly.

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