

Market Report Amenities Local Farmers Market Local Products List Fruits/Vegetables in season

November 18th 2019



Asparagus Supplies have stabilized

Avocado Large fruit is stable with tighter market on smaller sizing.

Bananas

Steady supply with good quality

Broccoli, Cauliflower, Broccolini. Brussels Sprouts, and Green Onions

Broccoli – Supplies are tight due to weather and poor yields **Cauliflower**-Supplies are tight due to weather and poor yields, large sizing inventory very low, pricing is up

Broccolini – Supplies are improving

Brussels Sprouts- supply has improved Green Onions – Market has stabilized

Berries

Strawberries – quality and supply are back and forth with heat Raspberry - supply and quality is down Blackberries – Supply is gapping due to weather and transitions Blueberries – Supply is improving

Bell Peppers and Peppers

Green Bell Red Bell Yellow Bell Pepper Anaheim's, Habanero All peppers are steady

Celery

Supply is good

Corn

Yellow Corn – in good supply but quality is poor White Corn- in good supply but quality is poor



Limes – Sizing and quality is down Lemon – Supply is steady and quality is good Oranges – Local Valencias available LOCAL MARKET - Beginning to show up and will be in full motion in 2 weeks time

Eggs

Product is at normal supply

Eggplant Recent frost has affected some local product. Some farmers seasons have ended because of it.

Grapes

Volumes is steady.

Lettuce

Romaines- Supply is trending lower than usual, with fair quality Green and Red Leaf - Supplies are being affected by recent heat Iceberg lettuce - Supplies are down Butter lettuce – Good volume



Melons Cantaloupe - Production is way down with smaller fruit and less sugar Honeydew – same as cantaloupe

Pineapple

Good availability and quality

Potatoes

Idaho - supplies are tight on larger size and prices are higher than normal due to the delayed planting earlier this year caused by the weather. Yukon bakers - Availability is limited and pricing remaining higher than normal Russet - Quality is getting better while pricing is coming down - two months Kennebec - Very short right now and the quality is fair at best.

Squash

Winter squashes and gourds are in

Stone Fruit

Finished for season – Any available product will be from Chile

Tomatoes

Round- supply and quality are good Romas- Prices are down, with new crop beginning Grapes- supply has tightened up Cherry- supply is good, quality is fair Heirloom- supply is good, quality is good, local crops are slowing down at the market



AMENITY FRUIT

Apples

Baby: Gala, Granny, Fuji & Red Delicious Large:Braeburn, Pink Lady, Fuji, Honeycrisp, Farmers Market **Bananas**

Petite Bananas & Lady Finger Bananas

Berries

Blueberries, Blackberries, Raspberries, Strawberries, Gooseberries

Grapes

Red Seedless, Black Seedless, Green Seedless, Champagne, Farmers Market

Dragon-fruit, Star Fruit, Kiwi Berries and Rambutan Medjool Dates

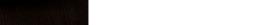
Pears

Asian, Bosc, Carmen, D'anjou, Bartlett, Red, Warrren Pears, Farmers market

Citrus

Tangerines, Blood Orange, Cara Cara Orange, Kumquats, Mandarins, Farmers Market **Figs –** season is coming to a close







WEEKLY FARMERS MARKET

Nature's Produce

The following items will be available for delivery on November 21st, 2019 All orders must be placed with your sales representative by 12 noon Tuesday.

Farmers Market items ordered from in house are subject to availability

Coleman Farms:

Local & Sustainable Celtuce Gem Lettuce Chicories Breakfast Radish **Borage Blossoms Mixed Variety Herbs Red Speckled Romaine Red Frill Mustard** New Zealand Spinach Calendulas Sunchokes Mouse Melons

Gloria Tamai Farms

Local & Sustainable Beets Strawberries Cauliflower Black Tuscan Kale Cherry Heirloom Tom Heirloom Tomato Red Beef Steak Tomato Summer Squashes Green Beans Yellow Corn

Garcia Organics

Local, Organic Meyers Lemons **Finger Limes** Persimmons Guavas



Harry's Berries Local, Sustainable, Organic DONE FOR SEASON

Hers Produce & Fresno

Local & Sustainable **Bell Peppers** Bok Choy Yu Choy Leeks Green onions Long Beans Sweet Potato Eggplant Tomatoes Ginger Jicama

Maggie's Farms

Local/Organic/Sustainable **Baby Spinach** Black Kale Baby Green Kale Stellar Mix Mesculin Mix Charger Mix Tomatoes Nasturtium Flowers

McGrath Farms

Local/Organic/Sustainable **Baby Beets Red Frill Mustard** Corn Blossoms **Breakfast Radishes** Baby Carrots



Squash Haricot Verts Baby Corn

Murray Farms Local & Sustainable Buddahs Hand Grapes -Finished! Heart of Palm-order

earlv

Pink Oyster Mushroom Apples Pears Persimmons Pomegranate **IFG Raisins** Raisin Tree Hawthorne Apples Melogold Grapefruit

Polito Farms

Local & Sustainable Avocados Satsuma Tangerines Valencia Juicing Oranges

Pudwill Farms

Local & Sustainable Blueberries Blackberries Raspberries **Pineapple Guaba**

Tutti Frutti Farms

Local/Organic/Sustainable Carrots **Cherry Tomato** Heirloom Tomato



Winter Squashes Bloomsdale spinach Fennel **Torpedo Onions**

Two Peas in a Pod

Brussel Sprouts Fresh Cranberry Beans Fresh Scarlett Runners Fresh Christmas Limas **Dried Flagolet Beans** Blackberries Broccolini

Valdivia Farms

Local & Sustainable Zucchini Blossoms **Heirloom Tomatoes** Radishes

Weiser Family Farms

Local & Sustainable Fingerlings Radishes Spigarello Carrots Sunchokes Sprouting Broccoli Sprouting Cauliflower Bloomsdale Spinach Alaskan Myrna Potato Beets

Satsuma Tangerines

Gems

Salanova Mix

Sweet Crisp

Speckled Romaine



Flora Bella

Local

Living Green Trays

Arkansas Black Apples

Hinona Kabu Turnips

Purple Napa Cabbage

Thao Farm

Local (Saturday only)

Red Mustard Leaf

Satsuma Yams

Sugarsnap Peas

Snow pea tendrils

Sprouting Broccoli

Sprouting Cauliflower

Suncoast Farms

Local

The Garden Of

Mon 12pm cutoff

Long Stem Artichokes

Bok chov

Eggplant

Yu choy

Basils

Iicama

Cauliflower

Baby Artichokes

Pomegranate

Wasabina

arrots Beets Celeriac Kabocha Squash **Tokyo Turnips**

Parsnip Carrots Radicchio

Scott's Farm

Local Pears Persimmons Grapes

Penryn Orchards

Golden Bosc Pears **Brown Sugar Persimmon** Maru Persimmon

County Line Harvest Sat only

Tokyo Turnips Chicora Rosa **Assorted Chicories** Radishes Puntarelle

Girl N Dug Farms Speak to your Rep



Thank you for your continued business, The Polisky Family & Nature's Produce

Turnips

Reiger Farms



from farm to kitchen...about a few of our local farms

IN HOUSE LOCAL PRODUCTS!!! Subject to availability, contact your Rep first please

Frog Hollow Farms Organic Warren Pears (Flat) - SKU 01027

Farmers Market Cherry Heirloom Tomato (Flat) – SKU 26743 Tamai Farms

Polito Farms Oranges (40# Case) - SKU 01048

Mike and Sons Eggs (15dz) - SKU 04233

Sunchokes - Weiser Farms (10#) - SKU 62640

Farmers Market Fuyu Persimmons -Briar Patch Farms (10#) - SKU01279

Girl N Dug Farms - Savory Pearl Tomato (2#) - SKU 80111

Girl N Dug Farms – Sweet Jade Chery Tomato (2#) – SKU 80122

Girl N Dug Farms - Acid Trip Tomato (2#) - SKU 80112

Girl N Dug Farms - Tangerine Gem Flowers (100ct) - SKU 80029

Girl N Dug Farms - Lemonstar Gem Flowers (100ct) - SKU 80031

Girl N Dug Farms - Citrus Fern (3oz) - SKU 80115

Girl N Dug Farms - Yarrow Leaf - SKU 80177

Girl N Dug Farms - Purple Butterfly Wood Sorrel (3.5oz) - SKU 80120

Girl N Dug Farms - Carrot Blossoms - SKU 80114

Girl N Dug Farms – Squashini (LB) – SKU 80026 (Squashini is Korean summer squash)

If you are ordering lettuces with us from The Garden Of on Wednesdays please remember the cut off is 12pm each Monday.

to set up a farm tour, please contact your local sales representative or call us for more information

Thank you for your continued business, The Polisky Family & Nature's Produce

p. 323.235.4343

www.naturesproduce.com

Market Flash:



Vegetables in season

Broccoli Beets Cabbages Carrots Cauliflower Celery Root Chicories Cucumbers Fennel Green Onions Haricot Verts Kale Parsnips Lettuces Spigarello Swiss Chard Radishes Turnips Yellow Wax Beans Winter Squashes Pumpkins

Fruits in season

Apples Blueberries Blackberries Blood Orange Dragon Fruit Figs Grapes Guava Kiwi Passion fruit Pears Persimmon Pomegranate Quince Raspberries Strawberries



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