



*Nature's Produce*

**Produce  
Market Outlook  
WEEK OF  
NOVEMBER 29<sup>th</sup>**



## **Artichokes**

Light supply. All sizes are currently available.

## **Asparagus**

Supply is tight and prices have gone up. Fair quality

## **Avocado**

Crossings are light, but fruit is good quality.

## **Broccoli, Cauliflower, Brocolini, Brussels Sprouts, and Green Onions**

**Broccoli** – Good quality out of yuma

**Cauliflower**-Supplies are light but quality is high (warm weather slowing down growth)

**Brocolini** – Supplies are steady, and prices are stable

**Brussels Sprouts**- quality is and supply are good

**Green Onions** – Short supply steady quality

## **Peppers**

**Shishito** – Quality and supply are both down with a very high price, consider alternatives

**Green and Red Bell** – Good supply and prices are stable.

**Yellow Bell Pepper** – Quality is good

## **Carrots**

Jumbo and table are still a struggle due to labor for hand picked items

## **Celery**

Supplies are steady

## **Cucumbers**

Steady

## **Corn**

**Yellow Corn** – Quality and supply are down

**White Corn**– Quality and supply are down

## **Eggs**

Product is at normal supply

## **Eggplant**

Price trending down but thanksgiving could give way to higher cost

## **Garlic**

Domestic garlic is in short supply due to numerous plants that did not develop. 5-7% less harvest than last year

Chinese garlic whole head price has come down while peeled has remained high

## **Lettuce**

**Baby Arugula, Spinaches, Kales** – supply is steady, quality is fair

**Romaine and Hearts** – Labor, weather, quality affecting romaine

**Green and Red Leaf** – Steady supply and quality

**Iceberg Lettuce** - Low supply (heat causing slow growth)

**Butter Lettuce** – Steady supply and quality

## **Mushrooms**

Production issues there will be short product on cultivated mushrooms

## **Squash**

Prices trending up, some production is down in regions with some transition taking place

## **Tomatoes**

**Rounds and Romas**– Volume is down

**Apples — Good supplies, local market available**

**Bananas** — Supply is fair with good quality

**Berries — Supplies are steady**

**Strawberries** – quality and volume are down

**Raspberry** –

**Blackberries** –

**Blueberries** –

**Citrus (local product starting)**

**Lemons & Limes**— Steady

**Oranges** – Steady

**Grapes**

Prices lower than expected, but old fruit and lower quality is apparent with Chilean fruit continuing to go up in price

**Melons**

Quality poor

**Pineapple**

Good quality

**Stone fruits**

**FINISHED**

